



	Parents	Kid ____		Kid ____		Kid ____	
Towels (two per)		1	2	1	2	1	2
Cap & Goggles (extras?)		C	G	C	G	C	G
Team Swim Suit							
Sweatshirt & Pants							
Sleeping Bag & Pillow							
Sunscreen & Lip Balm							
Hat & Sunglasses							
Folding Chairs							
Ground Cover							
Games, Books, Music, etc							
Water, Sports Drink							
Healthy Snack							
Money for Snack Bar							
Shade Structure							
Sharpie and Note Paper							
Smile							

Remember to label everything (including your child) – you won't believe how often your child will lose her/his goggles during the swim meet.